



**Bullet Journal**

Allison Orthner, Calgary, Alberta

SUPPLIES: American Crafts Creative Devotion gel crayons, stickers, stamps, washi tape and Precision pen, assorted napkins and a glue stick.

**Scraps of Info**

Allison created her Bullet Journal using a variety of products from the American Crafts Creative Devotion collection.

**Scraps of Info**

I have always kept a paper calendar to track my schedule and assorted different notepads to record all my lists! Recently, I discovered bullet journaling where I can combine all of my life events and lists and add my personal creative touches on each page, like these napkins.



## ADDING NAPKINS INTO BULLET JOURNALS



**1.** Peel apart the layers of your napkin. If you are struggling, use a piece of tape to pull up the layers one at a time from the back until you are left with the top layer that has the image printed on it.



**2.** Cut out the assorted napkin objects or designs you want to use. If you want a frayed edge, paint a line with water first, and then gently tear along the line by pulling away from the image.



**3.** To avoid wrinkles on your page, use a glue stick to gently apply adhesive onto the back of your napkin image. If you don't mind wrinkles or are applying to thicker paper or cardstock, you can use a liquid adhesive.



**4.** Gently place the napkin image onto your page, being extra careful to get it in the correct spot, as it is too frail to move after it is laid down. Firmly pat it down to remove any air bubbles and securely adhere it.

**5.** Embellish your bullet page with gel crayons, stickers, stamps, and washi tape. It's now ready to use and fill in.